

novo nordisk media prize 2009

changing diabetes with communication

Winner of the Novo Nordisk Media Prize 2009 - Online articles

Media Name: *The Times Online*

Name of article: Diabetes causes more amputations than landmines

Published: 8 December 2008

Contribution to Changing Diabetes®:

Exploding hidden landmines remain a considerable danger, but it has been overtaken by diabetes as a reason for the amputation of younger people's legs around the world. The article highlights the importance of raising awareness of the lifestyle changes needed to prevent diabetes and the need for prompt diagnosis and treatment in order to reduce the number of amputations.

The article puts focus on an issue that the press rarely speaks about, provides alarming statistics and suggests what can be done to change this development.

Name: Dr Thomas Stuttaford

Birthplace: Norfolk, England

Residence: Norwich, England

Education

Dr Thomas Stuttaford graduated in medicine from Oxford University.

Career

After graduating, Dr Thomas Stuttaford worked in various hospitals and in general practice in Norfolk. From 1974-1994 he held NHS appointments at The Royal London Hospital, London. Dr Thomas Stuttaford was also MP for Norwich South from 1970-1974 and fought the Isle of Ely against Clement Freud in 1974 and 1979. From 1987-2007 Dr Thomas Stuttaford had a practice in London as senior medical adviser to Barclays Bank, the Rank Organisation, the Hunting Group and other companies. From 1981-2009 Dr Thomas Stuttaford worked for *The Times* and *The Times Online* as a medical columnist/ medical correspondent with a particular interest in the metabolic syndrome. The readership for *The Times Online* is 780,000.

Present work

Dr Thomas Stuttaford retired from *The Times* this year. He is in the process of writing three books and is contributing regularly to the two magazines *The Oldie* and *Healthspan*.

